## **B.N.M. Institute of Technology** 27<sup>th</sup> Cross, 12<sup>th</sup> Main Road, Banashankari II Stage, Bangalore – 70 <u>Sports Achievements for the Year 2022-23</u>



Litesh S Gowda, student of Mechanical Engineering also an International Swimmer secured many medals at State, National and International levels. Few of his achievements are mentioned below;

- Represented India at World Junior Open Swimming Championship organized by FINA Federation Internationale de Nation (FINA is the World Governing body for Aquatic Sports) held at Beau Vallon Mahe, Seychelles, East Africa and secured overall 12<sup>th</sup> place in 4 x1.5 Km relay and also secured overall 33<sup>rd</sup> place in 10 Km open water swimming (Sea swimming).
- 2. Secured 1<sup>st</sup> place in 1.5 km relay trails and also in 10 km aquatics at National team selection trails for World Junior Aquatic Championships organized by Swimming Federation of India.
- 3. Secured Gold medal in 4 x 1.5 km relay and Silver medal in 10 Km open aquatic competition at National Open Water Swimming Championship 2023 held at Malpe Beach, Udupi organized by Swimming Federation of India.
- 4. Represented Karnataka State Aquatic Team at KHELO INDIA University Games 2022 organised by Ministry of Sports and Youth Affairs., Govt. of India at Greater Noida, NCR.
- 5. Secured Bronze medal in 200 M Breaststroke category at State Level Seniors Swimming Championship organized by Karnataka Swimming Association.
- 6. Represented VTU at All India Inter University Aquatic Championship organized by Kalinga Institute of Industrial Technology, Bhubaneswar, Odisha in December 2022
- 7. Secured Individual Championship along with 9 Gold, 3 Silver and 2 Bronze medals at VTU State level Aquatic Championship organized by BMS College of Engineering in November 2022.
- 8. Secured Individual Championship at REVELS CUP 2023 organised by Manipal Institute of Technology, Manipal in March 2023.



BNMIT Men Aquatic team has secured overall team championship at VTU State level Intercollegiate Aquatic Championship organized by BMS College of Engineering, Bangalore in November 2022.



BNMIT Women Yoga Team has emerged as Winners and BNMIT Men Yoga teama has secured 2<sup>nd</sup> Runners Up place in VTU State level Intercollegiate YOGASANA competeitions organised by Bahubali College of Engineering, Shravanabelagola in December 2022. Also both teams have got selected to represent VTU at Interuniversity Intercollegiate Yogasana Competitions.



Badminton Team (Both Men & Women) of BNMIThave emerged as Winners in SPARDHA 22, an Invitational Tournament organised by CMR Institute of Technology in December 2022.





