


Faculty Profile

Name of Faculty	Dr.(H.C) Madhuri Anand	
Department	Humanities	
Qualification	PG Diploma in Memory Development and Psycho Neurobics, Pursing Research in Psycho Neurobics	
Designation	Counselor, Graphologist	
Area of specialization	Counseling, Handwritig Analysis Holistic Healer Therapist Guided Meditation	
Date Of Joining BNMIT	3 rd August 2009	
Nature of Association (Regular / Contractual / Adjunct)	Regular	
Mobile Number	9886630864	
e-mail	Madhusai1212@gmail.com	
No. of years of Experience	15 Years	

Academic Qualification

Pursuing Research	Sept 2016	Psycho Neurobics	SIGFA College of Yoga & Psycho Neurobics ,Affiliated to Yoga Samskrutham University,Florida ,USA
PG Diploma	May 2016	Memory Development and Psycho Neurobics	Tamil Nadu Education and Sports University ,Chennai
MSc	2007	Psychology	University of Madras, Chennai
Diploma	2004	Counseling Skills	Banjara Academy, Bangalore.
B.Com	1983		Karnataka University ,Dharwar

Working Experience Details

Counsellor, Graphologist	Dept. Of Humanities	BNMIT, Bangalore, India	August 2009-Till date
Part Time Counselor		YWCA ,Kormangala, Bangalore	August 2008- Sept 2009

Counsellor	Counselling SAHAI help Line	Christ College,Hosur Road, Bangalore	July 2005-March 2008
Counsellor Helping Hand	Counsellor Helping Hand and Counsellor	Privately at various centres St.John's Hospital,Sarjapur Road ,Bangalore	July 2003-June 2005
Volunteer And Counsellor		Mathru Chaya (Sevakshetra Hospital), Banashankari, Bangalore Banjara Academy ,RV Road Centre, Bangalore	
Instructor for English Language	Instructor	VETA,Basavanagudi,Bangalore	June 2004-October2004

Issues deal during Counseling Sessions

- Empower students with knowledge, skills, appropriate attitude and confidence
- Facilitate total well-being of students be it emotional, mental, physical, health and academics
- Enable students have a higher and better understanding of themselves.
- Memory Development and Study Skills.
- Client's Personal life, Relationships problems and Wellbeing
- Time and Stress Management
- Anger Management
- Communication skills
- Guilt and loneliness
- Hopelessness and Helplessness
- Low self-esteem ,Low self –confidence
- Mental and Physical abuse
- Life Skills, Goal Setting and many more

Academic Positions and other Responsibilities

- In-charge of Mentoring and Anti-Ragging Cell
- Conducting Psycho-Neurobics Spa Meditation
- Conducting Guided Meditation and vision programmes for the staff
- Organizing Wellness Programmes for the staff
- Conducting classes on study skills and memory development
- Planned and organizes one day trips for the staff members to 'Big Barn' the organic farm
- Planned and organized eight days trip for the management & staff members to Camp Himalayan –Gusaini, Manali, and New Delhi

Skills:

- Handwriting Analysis and Grapho-Therapy
- Holistic through Acupressure, Meditation and Angel Therapy,
- Psycho Neurobics and Guided meditation

Awards/Achievements/Memberships:

- Bestowed with Honorary Doctorate for “Reaching out and Enriching Lives” in 2017
- Secure 2nd rank in PG Diploma in Memory Development and Psycho Neurobics-May 2016

Research Publications :**1. In National /International Conference Proceeding**

Presented a paper on –“Healing Current” –Holistic Health through Psycho Neurobics at the 9th National Women’s Science Congress -2016

Participation in Training courses /Seminars/Workshops

1. Management of Adolescent Problems-Psychology Dept, Christ College
2. National Workshop on –‘Women and Mental Health’-NIMHANS
3. National Workshop on –‘Enriching Families –NIMHANS
4. Trainer’s Workshop on –‘Feeling Good and Doing Well’-NIMHANS
5. Trainer’s Workshop on –‘Life Skills’--NIMHANS
6. Workshop on-‘Overcoming Drug Addiction’—NIMHANS
7. Workshop on-‘Psycho-Neurobics and Sigfa Healing’-Sigfa Solutions
8. Workshop on –‘Competency Mapping and Development’-BNMIT
9. Workshop on –‘Chinese Acupressure’ Academy of Naturopathy –Acupressure
10. Workshop on –‘Neuro –Lingustic Programming’(Dr.)Richard p.McHugh,SJ
11. ‘Life skill training’ –from Acharya Nagarjuna University , AP
12. Sarvsumana International Conference on Public Mental Health and Neurosciences-2014
13. Sarvsumana International Conference on Public Mental Health and Neurosciences-2015

Personal Details:

- **Date of Birth : 12-12-1960; Sex:** Female
- **Family Details:** Husband and one Son
- **Passport Number:** **Z4799959**