


RESUME

Name	Deepika B N	
Address	Nandagokula, no 42, 12 th main, 2 nd cross, kalappa layout, Srinagar, Bangalore 560050	
Qualification	<ul style="list-style-type: none">• Msc in Yoga and naturopathy• BBM (HR)• Yoga Instructor Course (YIC)• Diploma in Computer secretarial Course	
Current Designation at BNMIT	Lecturer in Scientific Foundation of Health (SFH)	
Area of specialization	Yoga, Zumba, Event management, Dietician and Dance	
Experience @ BNMIT	13years	
Experience@ My centre for Diabetes	Worked as Intern COO for 6 months	
Mobile Number	9036023456	
e-mail	Deepshari1988@gmail.com	
No. of years of Experience	Teaching: 13 years Industry: 6 months	
Date of Birth Age	19/02/1988 36years	
Social media handles	LinkedIn: https://www.linkedin.com/in/deepika-hari/ Instagram: pixies_loved	

OBJECTIVE:

Aspiring to secure a position where I can leverage my skills and abilities to their fullest potential. My goal is to become an integral part of your esteemed organization, contributing to its growth and success while pursuing both intellectual and personal development.

ACADEMIC QUALIFICATIONS

- **MSc in Yoga and Naturopathy (2024)** from Singhanian University.
- **YIC (Yoga Instructor Course)** from Swami Vivekananda Yoga Anusandhana Samsthana (S VYASA)
- **BBM (HR) (2009)** from Bangalore University
- **DIPLOMA** in Computer Secretarial Course

AWARDS/ ACHIEVEMENTS:

- **Organized and Led Successful Yoga Event** - successfully organized the **Yoga Hive** event and **Samskruthi** program at Government Primary School, ShiralDoddi and Kulume Palya.
- **Best Employee Award** - Honored for outstanding contributions to the M.V. Centre for Diabetes, 2022.

- **Zumba Trainer Success** - Achieved and maintained successful outcomes as a Zumba Trainer since 2020.
- **Event Management Excellence** - Recognized for exceptional skills in organizing and managing wellness events at B.N.M Institute of Technology, 2019.
- **Top Performer in Yoga Instructor Course** - Graduated top of the class in the YIC program at Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA), 2014.
- **Organized Cycle Street Event** - Successfully organized and led the Cycle Street event themed "Save Soil and Save Water - Act Now for a Better Tomorrow."

WORK EXPERIENCE DETAILS:

1. Working as Lecturer of Scientific Foundation of Health (SFH), The Dept of Humanities at B.N.M Institute of Technology, from 1st September 2022 till date.
2. Working as a Yoga Instructor in B.N.M Institute of Technology, from April 2013
3. Worked as Yoga Teacher in Evershine school, Srinagar, Bangalore
4. Worked as Intern COO in M V Centre for Diabetes, Bangalore

EXTRA CURRICULAR ACTIVITIES:

- Dancing
- Zumba
- Yoga
- Event management
- Dietician